

Advanced Specialist Seating Awareness Day Agenda

8:30–9:00 Registration

9:00 Welcome address

9:15–10:15 Postural Review

This session will address in detail the anatomy of the pelvis. A number of different asymmetrical sitting postures will be discussed; particular emphasis will be placed on how these postures develop and how they can be prevented.

10:15 *Coffee break*

10:30–11:15 How to Assess the Risk of Pressure Damage

This session will focus on assessing the patient's risk of developing pressure damage. Different risk scores will be discussed with particular emphasis on the most commonly used score – the Waterlow Score. Delegates will have the opportunity to practice using this score.

11:15 The Supine Evaluation

A highly practical session in which delegates will be given the opportunity to develop and practice skills in supine evaluation in order that seating goals may be established.

12:45 *Luncheon*

1:30–2:15 How the Features of Specialist Seating can Benefit Posture

Understanding the design and dynamics of specialist seating in relation to meeting seating goals; how the chair may ultimately achieve an appropriate seated position for the user.

2:15–3:00 Practical Application: How Do we Address or Accommodate Poor Sitting Posture?

How to approach chair set up in order to meet established goals of seating. A case study approach

Tea and cake will be available throughout this practical session

3:00–3:30 Case Study Feedback

3:30–4:15 How to Write a Funding Application

An overview of the important aspects that should be covered in any application for funding for specialist seating

4:15 Q&A session

4:30 Close